



With your new UHC Group Medicare Advantage PPO Plan you have access to SilverSneakers, a Medicare fitness program!

\$0 membership fee for a standard, monthly membership at a participating fitness center.

To receive your 16-digit Member ID number and find participating fitness centers, follow one of the following steps:

- Visit www.SilverSneakers.com and Click the 'Check Your Eligibility' Link. This will prompt you for your Name, Date of Birth, Location, and contact information
- Call SilverSneakers Member Experience Center at 1-888-423-4632 to speak with a representative
- Email support@silversneakers.com
- Show your UHC Group Medicare Advantage PPO ID Card to any **participating** fitness center and ask them to look up your Member ID number on the SilverSneakers platform



You can also download the 'GO App' to check your eligibility and access your member ID.